

Please take a seat and we will take your order at the table.  
 If you would prefer to sit outside please order and pay at the counter. Thank you.  
 All of our food is made fresh to order. Your patience is appreciated.

## Please See the Board for Today's Soup & Delicious Specials

### Sandwiches

*All sandwiches marked (GF) have gluten free fillings & are available with Gluten Free Sliced Bread*

Steak, Caramelised Onion, Toasted Ciabatta with Wholegrain Mustard & Brie	£8.95	Ham Salad with a Honey Mustard Dressing on Thick Cut Bread	7.95
Crispy Battered Fish Fingers on Thick Cut Bread with Tartar Sauce and a side of Mushy Peas (GF)	£8.95	Breaded Goat's Cheese, Spinach & Caramelised Onion wrap (V)	£8.95
Open Fresh Crab Meat sandwich with an Apple & Lemon Mayonnaise on Thick Cut Bread (GF)	£8.95	Cajun Chicken Wrap with Smoked Paprika Coleslaw	£8.95
Open Prawn with Thousand Island Dressing on Thick Cut Bread with Cherry Tomatoes & Lettuce (GF)	£8.95	Honey-Glazed Beetroot, Hummus & Sundried Tomato Toasted Ciabatta (V)	£7.95
Ham, Melted Cheddar & Tomato Toasted Ciabatta (GF)	£7.95	Roast Courgette, Pepper & Hummus in a Toasted Pitta (V)	£7.95
Cheddar Cheese and Chutney on Thick Cut Bread (V)	£6.95	Melted Brie, Bacon & Cranberry Toasted Ciabatta (GF)	£7.95

### Bigger Plates

<b>The Salt House Burger</b> £13.95 Hand-pressed 100% Beef Patty stacked with Bacon, Cheddar, Onion Rings, Gherkin and Salad. Served with Homemade Chips	<b>Wild Mushroom &amp; Spinach Tarts (V)</b> £12.95 Served with Salad and New Potatoes
<b>Wholetail Whitby Scampi</b> £12.95 Homemade Chips, Salad and Tartar Sauce	<b>Steak &amp; Ale Pie</b> £13.95 Served with Mash or Chips and Garden Peas
<b>Breaded Cajun Chicken Burger</b> £13.95 With Tomato, Lettuce, Paprika Coleslaw and Fries ( <i>Gluten Free available</i> )	<b>Breaded Goat's Cheese &amp; Portobello Mushroom Burger (V)</b> £12.95 Served with Fries and Tomato Relish
<b>The Salt House Chicken Parmo</b> £13.95 Topped with Napoli Sauce and Cheddar. Served with Fries and Salad	<b>Homemade Lamb Koftas</b> £12.95 Served with Greek Salad, Tzatziki and warm Pitta
<b>Beer Battered Fish</b> £14.50 Homemade Chips, Mushy Peas and Tartar ( <i>Gluten Free available</i> )	<b>Pan Fried Seabass (GF)</b> £12.95 Served with New Potatoes, Seasonal Vegetables and Salsa Verde
<b>Homemade Fish Cakes</b> £12.95 Served with Fresh Greens, Cream Sauce and Soft Poached Egg	<b>Quesadilla</b> Chicken £13.95 Vegetarian £11.95 Two flour Tortillas filled with your choice of seasoned Chicken or Vegetables & melted Cheese. Served with Salt House Salad

*Upgrade to Sweet Potato Fries or Fries from Chips on any Bigger Plate for £1.50*

### Sides & Sauces

Salt House Chunky Chips	£3.50
Sweet Potato Fries	£3.85
Fries	£3.85
Truffle & Parmesan Fries	£4.25
Crispy Potato Skins with Garlic Mayo or BBQ Dip	£3.30
Beer Battered Onion Rings	£3.30
Salt House Side Salad	£2.95
Homemade Slaw	£2.50
Seasonal Vegetables	£3
Mushy Peas	£2
Sauces	95p

### Children's Menu

Strictly under 12 years old only

£5.95

- Homemade Fish Goujons  
Chips & Beans or Garden Peas
- Homemade Chicken Goujons  
Chips & Beans or Garden Peas
- Sausage, Chips & Beans
- Burger & Fries
- Cheese & Tomato Pizza

### Salads

Chicken Caesar Salad	£11.95
Beetroot & Feta Salad (V) (GF)	£11.95
Hot Smoked Salmon & Orange Salad (GF) With a Citrus Dressing	£12.95

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Dishes containing fish may contain small bones. (V) = made with vegetarian ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. All prices include VAT at the current rate.

V  
Vegetarian

GF  
Gluten Free