

Please take a seat and we will take your order at the table.
 If you would prefer to sit outside please order and pay at the counter. Thank you.
 All of our food is made fresh to order. Your patience is appreciated.

Please See the Board for Today's Soup & Delicious Specials

Sandwiches

All sandwiches marked (GF) have gluten free fillings & are available with Gluten Free Sliced Bread

Steak & Caramelised Onion Toasted Ciabatta with Melted Stilton (GF)	£8.95	Croque Monsieur Honey Roast Ham & a Mustard Cheese Sauce on toasted Thick Cut Bread	£6.75
Crispy Battered Fish Fingers on Thick Cut Bread <i>(Gluten Free available)</i>	£7.25	Prawn, Avocado & Marie Rose Sauce on Thick Cut Bread (GF)	£7.95
Melted Brie, Bacon & Cranberry Toasted Ciabatta (GF)	£6.75	Ham, Melted Cheddar & Tomato Toasted Ciabatta (GF)	£6.75
Courgette, Pesto, Spinach & Feta Toasted Ciabatta (V) (GF)	£6.75	Lightly Spiced Crab with a Lime & Coriander Mayonnaise on Thick Cut Bread	£7.95
Chicken Caesar Wrap (GF)	£7.25	Cheddar & Piccalilli on Thick Cut Bread (V)	£5.95
Ham & Pease Pudding on Thick Cut Bread (GF)	£6.45	Ham Salad with a Honey Mustard Dressing on Thick Cut Bread	£6.75
BBQ Pulled Pork & Melted Cheddar Toasted Ciabatta (GF)	£7.25	Confit Duck Wrap with Spring Onion, Cucumber, Baby Gem & Hoisin Sauce	£7.95
Chicken Club (GF) Bacon, Lettuce, Tomato, Chicken & Mayonnaise on Thick Cut Bread	£7.25		

Bigger Plates

The Salt House Burger Hand-pressed Beef & Pork Patty stacked with Bacon, Cheddar, Onion Rings & Salad. Served with Homemade Chips	11.95	Steamed Mussels (GF) With White Wine, Shallots & Garlic or a Tomato & Chilli Sauce. Served with Homemade Chunky Chips	£9.45
Wholetail Whitby Scampi Homemade Chips & Salad	£10.95	Cottage Pie Minced Beef with Carrots & Peas in a Rich Gravy topped with Creamy Mashed Potato & Cheddar Cheese. Served with Buttered Vegetables	£9.95
Smoked Haddock Fishcakes Served with Fresh Greens, Cream Sauce & Soft Poached Egg	£10.95	Quesadilla Two Flour Tortillas filled with your choice of Seasoned Chicken or Vegetables & Melted Cheese. Served with Salt House Salad	Chicken £10.95 Vegetarian £9.95
Homemade Crispy Breadcrumbs Chicken Kiev & Thick Cut Chips	£11.95	Pan Fried Seabass (GF) Buttered Greens & Wasabi Mayonnaise	£9.95
Beer Battered Fish Homemade Chips, Mushy Peas & Tartar <i>(Gluten Free available)</i>	£11.95	Butternut Squash Tagine (V) Tabbouleh, Lemon Yoghurt & Flatbread	£9.95
Stilton & Mushroom Tarts (V) Salad & Sweet Potato Fries	£9.50		

Upgrade to Sweet Potato Fries from Chips on any Bigger Plate for £1

Sides & Sauces

Salt House Chunky Chips	£3.30
Sweet Potato Fries	£3.65
Crispy Potato Skins with Garlic Mayo or BBQ Dip	£3.10
Beer Battered Onion Rings	£3.10
Salt House Side Salad	£2.45
Homemade Slaw	£2
Buttered Greens	£3
Mushy Peas	£2
Sauces	95p

Children's Menu

Under 12 years old

£5.95

includes

a Scoop of Ice Cream

Homemade Fish Goujons
Chips & Beans or Garden Peas

Homemade Chicken Goujons
Chips & Beans or Garden Peas

Sausage, Chips & Beans

Mini Slider Burger & Chips

Cheese & Tomato Ciabatta Pizza

Salads

Chicken Caesar Salad	£10.95
Avocado, Chilli, Pesto & Feta (V) (GF)	£10.95
Quinoa, Butternut Squash & Tahini (V) (GF)	£10.95

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Dishes containing fish may contain small bones. (V) = made with vegetarian ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. All prices include VAT at the current rate.

V
Vegetarian

GF
Gluten Free

Hot Drinks

Coffee

Coffee	£2.40
Decaf Coffee	£2.40
<i>Delicious Rijo42 Gourmet Arabica Coffee beans freshly ground to order</i>	
Americano	£2.40
Latte	£2.60
Large Latte	£3.20
Latte Macchiato	£2.60
Mocha	£3.10
Large Mocha	£3.60
Cappuccino	£2.70
Flat White	£2.80
Espresso	£2.00
Espresso Macchiato	£2.20
Double Espresso	£2.50
Iced Latte	£3.20
For an extra burst of flavour add one of our coffee syrups or an extra shot of coffee 50p	
<i>Hazelnut · Cinnamon · Caramel Vanilla · Toffee Nut · Almond · Gingerbread · Banana</i>	
Milk Alternative	50p
<i>Oat, Almond</i>	

Teas

Tea	£1.95
Decaf Tea	£1.95
Earl Grey	£2.20
Green Tea	£2.20
Peppermint	£2.20
Jasmine	£2.20
Camomile	£2.20
Lemon & Ginger	£2.20
Chai	£2.20
Fennel	£2.20
Fruit	£2.20
Darjeeling	£2.20

Hot Chocolate

Cadbury's Hot Chocolate	£3.00
<i>Made with steamed milk</i>	
Cadbury's Hot Chocolate	£3.50
<i>Made with steamed milk, whipped cream & marshmallows</i>	
For an extra burst of flavour add one of our syrups 50p	
<i>Hazelnut · Caramel · Vanilla Toffee Nut · Gingerbread</i>	

Alcohol

Bottles

Peroni	£3.60
Budweiser	£3.40
Corona	£3.40
Becks	£3.40
Birra Moretti – Craft Beer	£3.60
Becks Alcohol Free	£3.25
Black Sheep Ale	£4.50
Old Speckled Hen	£4.50
Bulmers	£4.50
Bulmers Pear	£4.50

Draught	1/2 Pint	Pint
Stella Artois	£2.20	£4.30

Liqueur Coffees

Baileys Coffee	£5.25
<i>Rich espresso, Baileys Irish Cream</i>	
Calypso Coffee	
<i>Rich espresso, Tia Maria</i>	
Irish Coffee	
<i>Rich espresso, Jameson's Irish whiskey</i>	
Italian Coffee	
<i>Rich espresso, Amaretto</i>	
Café Royal – Rich espresso, brandy	
Seville Coffee	
<i>Rich espresso, Cointreau</i>	
Frangelico Coffee	
<i>Rich espresso, Frangelico</i>	

Soft Drinks

Pepsi · Diet Pepsi	
Lemonade	£1.95
Fruit Juice	£1.95
<i>Orange · Apple · Cranberry</i>	
Fentimans Victorian Lemonade	£2.50
Fentimans Dandelion & Burdock	£2.50
Fentimans Ginger Beer	£2.50
Fentimans Rose Lemonade	£2.50
Still or Sparking Mineral Water	£1.80
J20 – Orange & Passion Fruit	£2.50
J20 – Apple & Raspberry	£2.50
Pear & Elderflower Spritzer	£2.70
Fevertree Tonics	£2.20

Smoothies

Choose up to three of the following fruit purées and syrups: Raspberry
Strawberry · Peach · Passion Fruit Mango · Coconut · Blueberry

£3.45

Ice Cream Float

A big scoop of Vanilla ice cream floated on your choice of Pepsi or Lemonade

£3.45

Milkshakes

Ice cream is blended with milk and a choice of favoured syrups:
Vanilla · Strawberry or Chocolate ice cream
Hazelnut · Caramel · Toffee-Nut · Cinnamon syrups

£3.60

Mocktails

£3.95

Faux-jito	<i>Apple juice, sugar syrup, fresh mint and lime</i>
Summer Cooler	<i>Cranberry juice, passion fruit purée, orange juice & vanilla syrup</i>
Berry Sling	<i>Elderflower, strawberry, ginger, fresh lemon, cranberry & apple juice</i>
Blueberry & Elderflower Fizz	<i>Lime, blueberry, elderflower & soda</i>
Raspberry & Mint Lemonade	<i>Mint leaves, raspberry, lemon, sugar & soda</i>